

CLASSROOM IN A BOX

From eLearning Plus+

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Classroom in a Box from eLearning Plus+

Engaging – Interactive – Affordable



Classroom in a Box from eLearning Plus+ is a cost effective way of introducing a range of pre-built training across your entire organisation.

Classroom in a Box

We have done the work of developing business critical and compliance courses for you.

Once you have placed your order, the Classroom in a Box training resources are ready to be used straight away and as many times as you like.

Many organisations are having to stretch their training budgets and demonstrate an increased ROI for their spend. Imagine if you could get all of the information and resources you need in order to run a truly effective and engaging training course, for a one-time investment, which you can then run as many times as you like.

Well now you can with Classroom in a Box. Using our Classroom in a Box training, you gain instant access to everything you need in order to provide high quality, cost effective classroom-based training for your team whenever or wherever it is needed.

eLearning Plus+ has created a number of focused Academies that provide Classroom in a Box training.

The Academy for Diversity provides Classroom in a Box training for Mental Health, Diversity and Disability, whilst The Academy for GDPR covers an initial understanding of GDPR through to a full understanding of GDPR for those who need a more detailed insight.

We can also amend any of the training to re-brand or to suit your specific needs/content requirements – just get in touch to discuss.

Our Classroom in a Box training delivers essential content for Equality, Diversity & Inclusion

Classroom in a Box Modules

Authored by Industry Experts

EACH CLASSROOM IN A BOX FOCUSES ON KEY DISCIPLINES THAT HELP DEVELOP KNOWLEDGE, UNDERSTANDING AND POSITIVE ATTITUDES WITHIN THE WORKPLACE



EQUALITY, DIVERSITY & INCLUSION

Help raise awareness of diversity, disability and mental health within the workplace, giving your team the necessary confidence and practical knowledge.

● INTRODUCTION TO DISABILITY AWARENESS

This course provides the learners with an understanding of what 'disability' is and how legislation offers protection to a person with a disability. The different types of disability and what is excluded

● INTRODUCTION TO EQUALITY & DIVERSITY

This course provides the learners with an awareness of the Equality Act 2010 and the protected characteristics covered under the Act. The key aspects of equality, diversity and inclusion in the workplace. The types and impact of discrimination and harassment.

● INTRODUCTION TO MENTAL HEALTH AWARENESS

This course provides the learners with an understanding of the different types of mental health conditions and how to support someone with a mental health condition including why it is important to remove the barriers that prevent people from being comfortable around discussing mental health issues.

Classroom in a Box Modules

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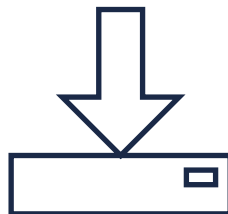
WHY COMMIT SIGNIFICANT TIME AND RESOURCE DEVELOPING YOUR OWN COURSE MATERIALS, OR THE EXPENSE AND LOGISTICAL PROBLEMS OF PLANNING, FINDING AND MAKING ARRANGEMENTS WITH EXTERNAL TRAINING PROVIDERS?

Each Classroom in a Box delivers cost effective training across your organisation wherever or whenever it is needed and provides all the resources and information needed to run an effective training course within your own organisation.



Each Classroom in a Box gives you:

- A Detailed Presentation of your chosen training course
- Trainer's manual and expert guidance notes to enable you to run the training course effectively
- Interactive exercises and/or case studies to embed learning and encourage participation
- A Poster to help you promote the course internally.
- Supporting Information, guides and resources that you can use with learners



Once you have received your chosen course materials, you can get up and running quickly and easily and you can use the materials as many times as you like and run them at a time and place that suits you.

Each Classroom in a Box provides all the resources and information needed to run an effective training course within your own organisation.

LEARNING OUTCOMES
By the end of this course you will:

- Be able to define what diversity means
- Be able to identify who diversity encompasses
- Be able to list at least 3 types of disability
- Be in a position to discuss what is meant by equality

EQUIPMENT

Equipment A video on the progress of the Equality Act 2010, which explains how it will affect your business, and how you can ensure your business is ready for the changes it will bring. A video on the Equality Act 2010, which explains how it will affect your business, and how you can ensure your business is ready for the changes it will bring.

THE ACADEMY FOR EQUALITY, DIVERSITY AND INCLUSION

THE EQUALITY ACT 2010
A GUIDE TO THE 6 PROTECTED CHARACTERISTICS

Legislation Across the Decade

EQUALITY AND DIVERSITY COURSE

What is Equality and Diversity?
Equality and diversity is a term used to describe the broad spectrum of differences and similarities people, groups, and organisations have in their characteristics.

The course covers a variety of topics including:

- Disability
- Gender reassignment
- The Equality Act 2010
- Sex and sexual orientation
- Race and ethnicity

For more details about the course and to avoid please contact:

Slide Overviews

DIAGRAM 2
This is what your drawing should look like.

DIAGRAM 1
This is what your drawing should look like.

Obsessive Compulsive Disorder (OCD)

It currently affects 1.2% of the population. Based on the latest research, it is estimated that 1.2% of the population have OCD.

Obsessive compulsive disorder can look like:

- Excessive hand washing
- Excessive checking
- Excessive cleaning
- Excessive counting
- Excessive ordering
- Excessive repeating
- Excessive checking
- Excessive cleaning
- Excessive counting
- Excessive ordering
- Excessive repeating

MENTAL HEALTH IN THE UK

By 2025, it is estimated that there will be around two million more adults in the UK with mental health problems than there were in 2013.

Case Study - Mental Health

Mark is a 35-year-old man who has been experiencing mental health problems for several years. He has been diagnosed with a mental health condition and is currently receiving treatment. He is struggling to manage his symptoms and is looking for ways to improve his quality of life.

Mark's condition is a form of mental health problem. It is a condition that affects the way you think, feel, and behave. It can be caused by a variety of factors, including genetics, brain chemistry, and life events. It is important to seek help if you are experiencing any of the following symptoms:

- Feeling very sad or down
- Feeling very anxious or nervous
- Feeling very tired or exhausted
- Feeling very confused or disorientated
- Feeling very angry or irritable
- Feeling very paranoid or suspicious
- Feeling very fearful or phobic
- Feeling very obsessive or compulsive
- Feeling very self-harmful or suicidal
- Feeling very socially withdrawn
- Feeling very physically unwell
- Feeling very out of control
- Feeling very out of touch with reality
- Feeling very out of sync with others
- Feeling very out of place
- Feeling very out of step
- Feeling very out of tune
- Feeling very out of character
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EXPLORING TYPES OF DISABILITY

Disability can take many different forms. You may have the same or different types of disability in different areas of your life.

Physical or sensory disabilities
These are disabilities that affect a person's physical or sensory abilities. Examples include: blindness, deafness, hearing loss, physical impairments, and learning disabilities.

Psychological or mental health disabilities
These are disabilities that affect a person's mental health. Examples include: depression, anxiety, bipolar disorder, and schizophrenia.

Intellectual or cognitive disabilities
These are disabilities that affect a person's intellectual or cognitive abilities. Examples include: autism spectrum conditions, Down syndrome, and intellectual disability.

EQUIPMENT

Walking stick

Wheelchair



Three Simple Steps

1

CHOOSE YOUR CLASSROOM IN A BOX

Choose your Classroom in a Box and contact us to place your order. If you would like a demonstration, have any questions or to chat through re-branding or amending any of the content please contact us.

2

TRAIN THE TRAINER

For those who feel they would like to increase their confidence and knowledge prior to delivering the course internally, choose our optional train the trainer service to take you through the materials prior to delivery.

3

BLENDED LEARNING

Alongside each Classroom in a box, you can also purchase optional online learning courses and supporting documents in these key topic areas. The result is a holistic programme of learning which uses a blend of delivery tools to truly engage with learners, aid their retention and deliver a consistent approach.

**TO FIND OUT MORE,
OR FOR A DEMO
GET IN TOUCH.**

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